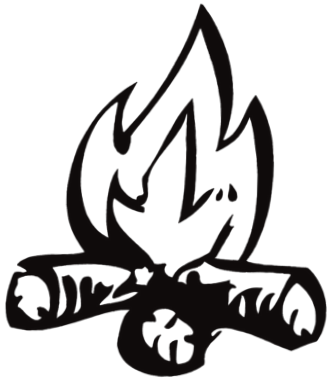
Boots & Brambles

Woodland Rambles









Frequently Asked Questions

What are Woodland Rambles sessions and how long are they?

These sessions are child-led free play, outdoor sessions including nature-based crafts, tool use and campfire cooking. Woodland Rambles sessions are 90 minutes long.

How old does my child have to be?

We have no lower age limit for our sessions - we believe there are so many benefits for all ages in spending time outdoors in nature. Due to the fact that these sessions include tool use and campfire skills, many parents/carers move their child up to the Woodland Rambles sessions from Baby Brambles around 2.5 years - but this is entirely up to you - we have many children younger than this attending! This is also a perfect group if you have children of differing ages as they can attend the group together.

I have a younger child too – can they come along?

You are more than welcome to bring younger siblings along to the session. Pre-walking siblings attend the session free of charge – we just ask you to let us know when you make your booking that they will be coming along. The site is accessible by pushchair. For walking siblings we offer a sibling discount rate.

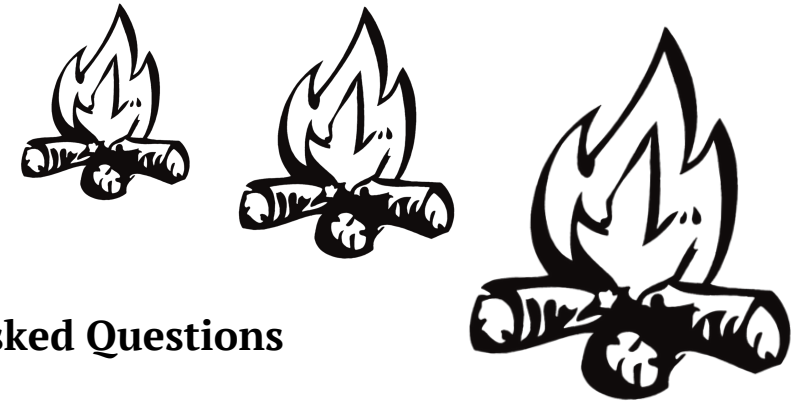
What should my little one wear?

Please see our "What to Wear" page on the website (www.bootsandbrambles.com) and our downloadable kit list. Remember to dress both you and your little one in suitable outdoor clothes that you don’t mind getting muddy and wet. We suggest a waterproof outer layer for adults and children as we hold our sessions fully outdoors and always have mud and water play available.

continued...

Boots & Brambles
Woodland Rambles





Frequently Asked Questions
(continued)

What is a typical session like?
Each session consists of child-led free play, exploring woods and natural environment of Rushcliffe Country Park. Each week there will be a different nature-based theme. There will be some guided activities such as tool use and nature-based crafts. Each session there will be activities to encourage exploration such as woodland walks and scavenger hunts. The session will end by gathering around the campfire circle.

Where are sessions held?
Sessions take place in the Memorial Walk area in Rushcliffe Country Park. The woodlands are a 10 minute walk from the carpark. Follow the path around the lake. The Memorial Woodlands are to the right of the Very Hungry Caterpillar play area- signposts will be placed along the route from the car park.

What do you do in cases of severe weather?
We check the weather forecast before each session and adapt the activities accordingly. We are able to put up a tarpaulin to create shelter if needed. We endeavour to hold our sessions in all weather, throughout the year, with the exception of very high winds or thunderstorms when it would be unsafe to be in the woods. In this case we would have to cancel the session and contact you accordingly.

Are there any refreshments and do you have toilets?
We provide a snack and campfire treats. There are coffee vans and a refreshment kiosk in the Country Park where you are able to get hot drinks and refreshments too. There are toilets by the Education Centre and compost toilets near the park in Rushcliffe Country Park

Is there parking?
There is a car park at Rushcliffe Country Park. Parking costs £1 for all day.

How much do sessions cost?
Our pilot sessions will cost - £10* for a child. £8* for a sibling. Pre-walking siblings are free.

*Prices as of March 2022 – may be subject to change.

Rushcliffe Country Park

