EAST MIDLANDS FOREST EDUCATION NETWORK

ITC Level 3 Award in Forest School First Aid.

Hosted by Boots and Brambles, delivered by Silver Fox Training Ltd
Sat 16th and Sun 17th March 2024
09.00 – 18.00 on both days
Venue: St Peter's Church Centre, Tollerton Lane, Tollerton, NG12 4FT

This award is part of the Regulated Qualifications Framework (RQF) and regulated by Ofqual
This qualification:-

- Indicates an individual can undertake the role of a first aider in a Forest School setting where there is a duty of care for the welfare of children and adults (and infants if necessary). *In its Guidance note - First Aid for Forest School, the Forest School Association (FSA) strongly recommends that a Level 3 qualified Forest School Practitioner holds a current first aid qualification as covered in the Institute for Outdoor Learning (IOL) statement of good practice for Outdoor First Aid at Band 3.*
- meets the criteria laid out by the IOL and is supported by the Forest School Association.
- also meets the criteria laid out for Level 2 and Level 1 qualified Forest School Assistants.
- Following the ICT modular framework this Forest School First Aid course supports Forest School Programmes and Outdoor Learning.
- is aimed at those working with children (1 year olds & upwards) and adults in an outdoor setting.

As the Forest School First Aid course doesn't cover infants (under the age of 12 months) there is the option to complete a Paediatric First Aid Award at the same time, by including some additional assessment criteria. There is an additional certification cost for this.

ITC Level 3 Award in Paediatric First Aid

This award is part of the Regulated Qualifications Framework (RQF) ad regulated by Ofqual
This qualification:

- indicates an individual can undertake the role of Paediatric First Aider in a role that has responsibility for the welfare of infants and children.
- Has been designed to fulfil the need for effective paediatric first aid training set out in The Early Years Foundation Stage Guidance.
- may also have been identified as necessary by a workplace risk assessment.

COURSE INFORMATION

Minimum contact time16 hours (2 x 8-hour sessions)

DAY 1: Will be partly **indoors** to allow candidates to acquire techniques**.**
DAY 2: Will be predominately **outdoors** to allow candidates to become more skilful at the techniques.

Silver Fox Training will provide: instruction, resources, course manuals, certificates and registration

Candidates should be prepared for the following: -

- The course is an active course so casual comfortable clothes are required. For day two, elements of the course will take place outside, so candidates will need suitable outdoor clothing to cope with the prevailing conditions (bearing in mind candidates will spend time lying on the ground being casualties)
- As this is an active and practical course candidates need to be aware of their own safety, especially when kneeling. Also, candidates need to be aware of their backs when lifting or simply sitting up.
- Please bring your own yoga/sleeping mat for use during practical work when you might be lying on the ground.
- You will need a packed lunch and a mug on both days. Hot drinks will be available.

COURSE CONTENT

Module 1 Emergency Action 8 hours

This ITC course is a lifesaver course giving participants basic lifesaving emergency techniques. All elements deal with adult and child protocols and are supported by a first aid manual. Module 1 takes place indoors and candidates are continually assessed on competency.

Core Contents

- Vital Signs
- Dealing with incidents safely
- A systematic approach to incident management
- Collapse - causes and treatment
- Monitoring Vital Signs
- CPR Resuscitation procedures. (adult/child)
- Heart attacks
- Choking (adult/child, conscious/unconscious)
- External and Internal bleeding. (minor and major wounds)
- Dressing and Bandaging
- Conscious and Unconscious bleeding incidents
- Shock, (signs/symptoms and treatment)

Module 2 Outdoor Incident Management 8 hours

The second day builds on the 'Emergency Action' content and continues to cover the needs of the Forest School Practitioner award in an outdoor setting. Candidates are continually assessed on competency.

Core Contents

- Soft and Hard tissue injuries
- Head, neck and other serious injuries
- Handling injured casualties
- Hypothermia and Hyperthermia
- Burns and scalds
- Poisoning including bites and stings and anaphylaxis
- Eye injuries
- Common medical emergencies and illnesses
- Outdoor incident management scenarios
- Remote improvised techniques

Terms and Conditions

- **Cost £135** per person. Optional, paediatric certificate an additional **£30**
- Places must be booked and paid for in advance by 1st March – a maximum of 12 places available
- Book on line via www.bootsandbrambles.com
- Further information about the course will be sent out week beginning 5th March 2024.
- If you have any questions about the booking please contact Fran Groombridge admin@bootsandbrambles.com or Cath Thomson nottsleicsfen@outlook.com
- **Cancellation** If the course has to be cancelled at short notice due to unforeseen circumstances, or insufficient applicants, East Midlands FEN may offer alternative dates. Should the alternative dates not be practicable, then we will offer a full refund.